

Maharaja Ranjit Singh Punjab Technical University



National Service Scheme



Activity at Glance 2020-21

Activities undertaken during Covid-19 period



Mask made by volunteer



Distribution of food packets in slum



Mask making



Students giving message to stay home



Providing medicines to needy in sangrur





Student preparing food at langar to serve around 1500 people every day. They prepare food from 3 am to 9 am and then distribute to people thus helping the people suffering during CORONA pandemic.



Launch of Mission Fateh on 29th June 2020

Download the COVA app of PUNJAB GOVERNMENT on your Smartphones.
 Must Listen 'MISSION FATEH' (Punjab Fights Corona) - The song released by Govt. of PUNJAB

Participate in MISSION WARRIOR contest on- Poster Making Slogan Writing Quiz And many more

LET US BE A PART OF 'MISSION FATEH'

STAY HOME STAY HEALTHY

NSS WING

MAHARAJA RANJIT SINGH PUNJAB TECHNICAL UNIVERSITY, BATHINDA
 A State University Established By Govt. of Punjab ACT No. 2015 & Approved Under Section 2(f) & 12 (b) of U.G.C.

PUNJAB STATE AERONAUTICAL ENGINEERING COLLEGE, PATIALA

Know the COVID-19 SYMPTOMS

The following symptoms may appear 2-14 days after exposure:

- Fever
- Cough
- Shortness of Breath

Seek medical advice if:

- You develop worrying symptoms
- You have been in close contact with a person known to have COVID-19
- You live in or have recently been in an area with ongoing spread of COVID-19

How to use a mask?

#StopTheSpread

Perform Popping on a Mask
 Clean hands with alcohol based hand rub or soap and water

While Wearing a Mask:

1. Cover your mouth and nose. Fit the mask snugly against your face.
2. Avoid touching the mask. If you do touch it, clean your hands.
3. Throw the mask immediately in a closed bin.
4. Clean hands with alcohol based hand rub or soap and water.

Fight against COVID-19

Wash hands frequently with soap & water or use sanitizer gel

Eat cooked green leafy vegetables rich in Vitamin and Iron

Eat fruits Rich in Enzyme & Vitamin C

Got enough sleep for fresh mind

Drink lots of Water. Water helps to flush out toxins & cool your body

Avoid close contact with people who are ill. Avoid going to crowded places instead of Hand

Stay fit by Regular Exercise

Back to Indian Traditions

Tea, Seeds

You can catch cough and cold and throw away used tissue. PREVENTION IS BETTER THAN CURE

Yoga

Avoid chronic diseases & strengthen immunity

Tumor, Diabetes, Asthma, TB, HIV, Malaria, Tuberculosis, Hepatitis, etc.

PUNJAB

MISSION FATEH WARRIOR

fighting against COVID-19

Dear COVID-19

There's no need to feel lonely or abandoned

Stay at Home

Avoid close contact

CORONA WARRIORS

Drink Lots of Water

Santizer

Government Singh, B. Pharmacy, 1100750537

Jyoti Singh

Glimpses of Mission Fateh Warrior Contest



Glimpses from distribution of sanitizer



Students providing training to youngsters about prevention from corona

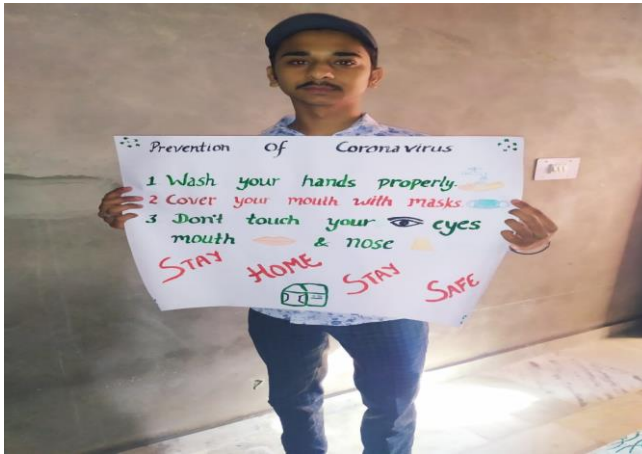


Mask distribution during door to door campaign



Awareness drive during door to door campaign





Awareness drive during door to door campaign



Fighting against COVID-19

COVID-19 proposition campus



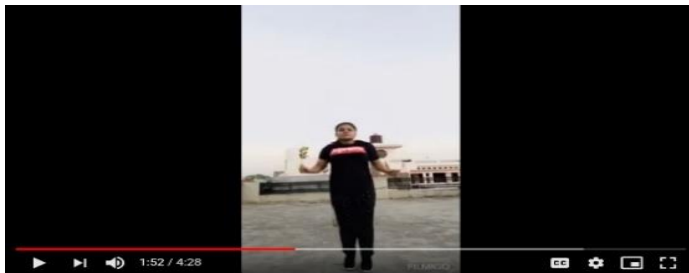
FIT India Movement



FITNESS VIDEOS BEING DISPLAYED



MEHNDI COMPETITION



SKIPPING COMPETITION



Discussion on role of NSS through videos



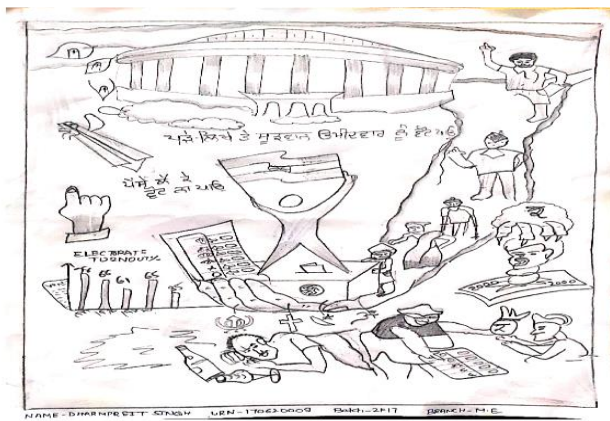
Distribution winter cloth.



Pollution Free Diwali



WATERING, PAINTING & TREE MAINTENANCE



National Voter Day



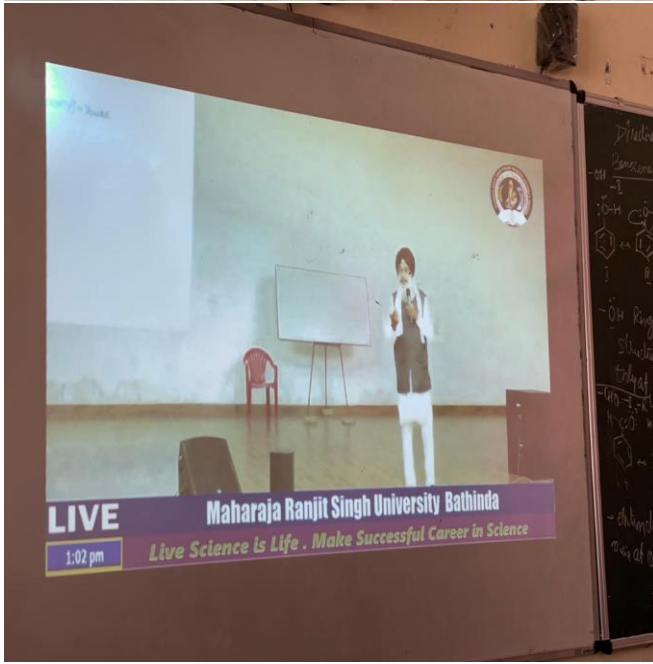
The pulse polio program was conducted in the dispensary of MRSPTU



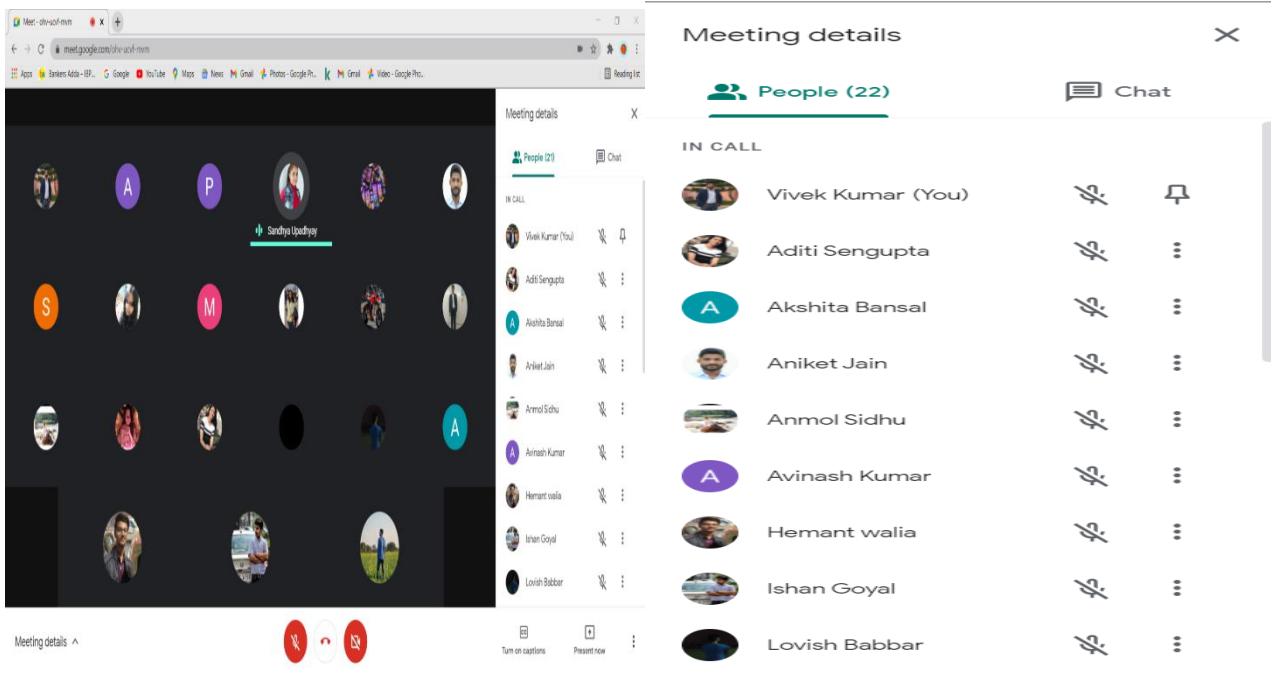
“National Road Safety” Walkathon



A kite flying competition



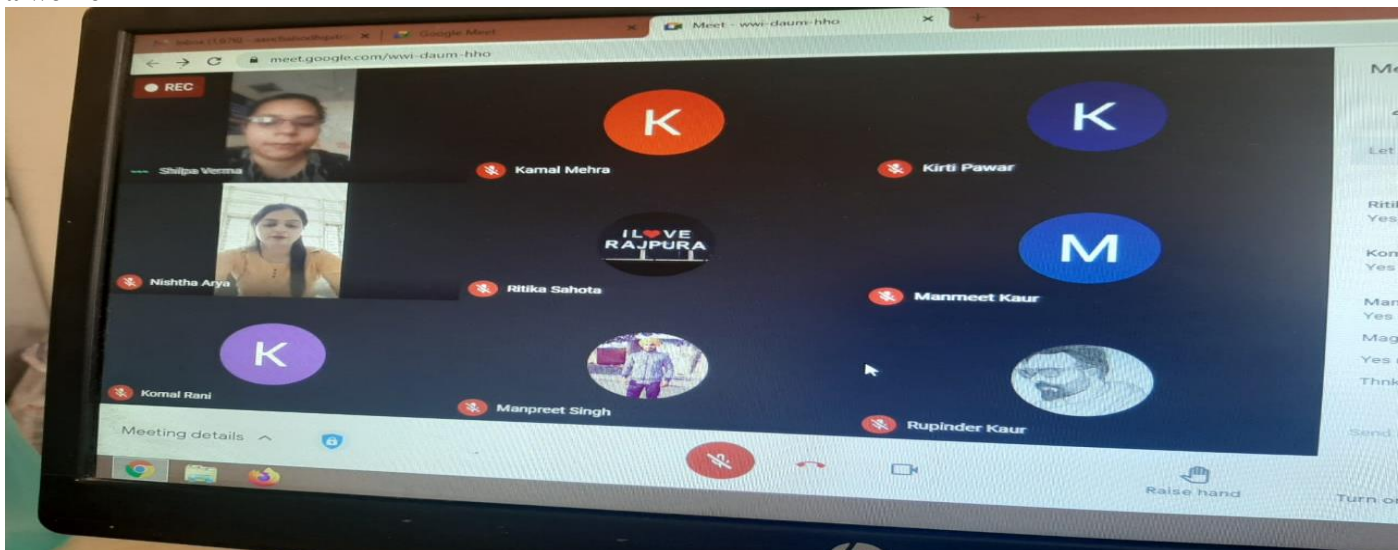
Science Fair (Students who watched the science live)

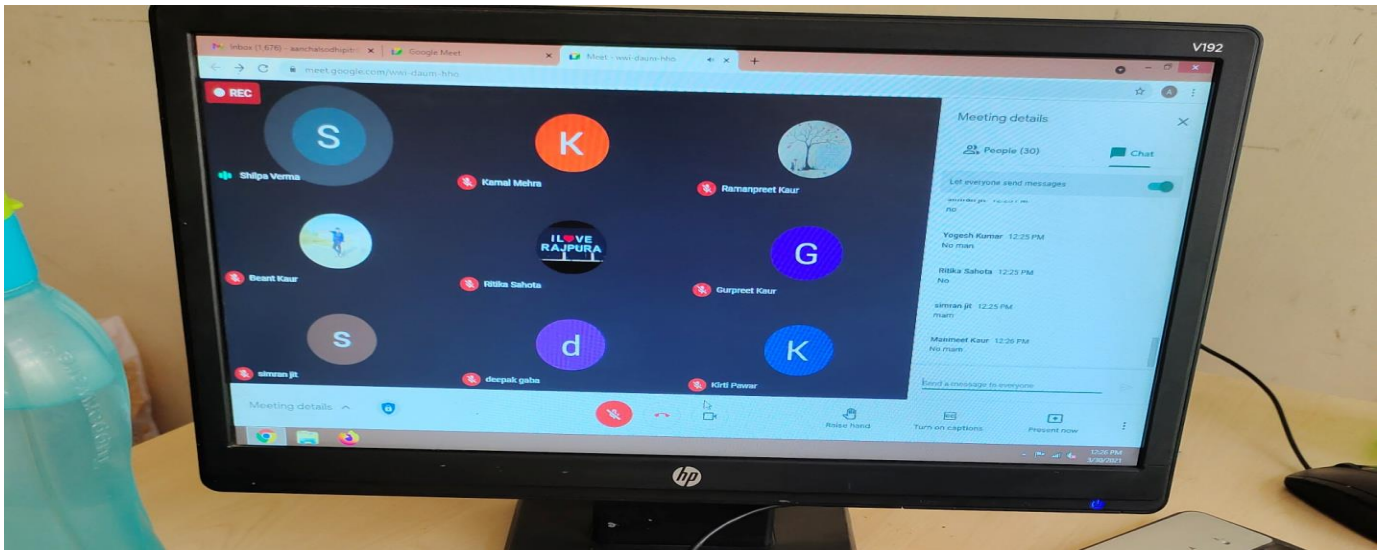


webinar on “Poshan Pakwada”



Rally on Women Empowerment and Made a Logo with the help of students to reflect the infinite powers of a women

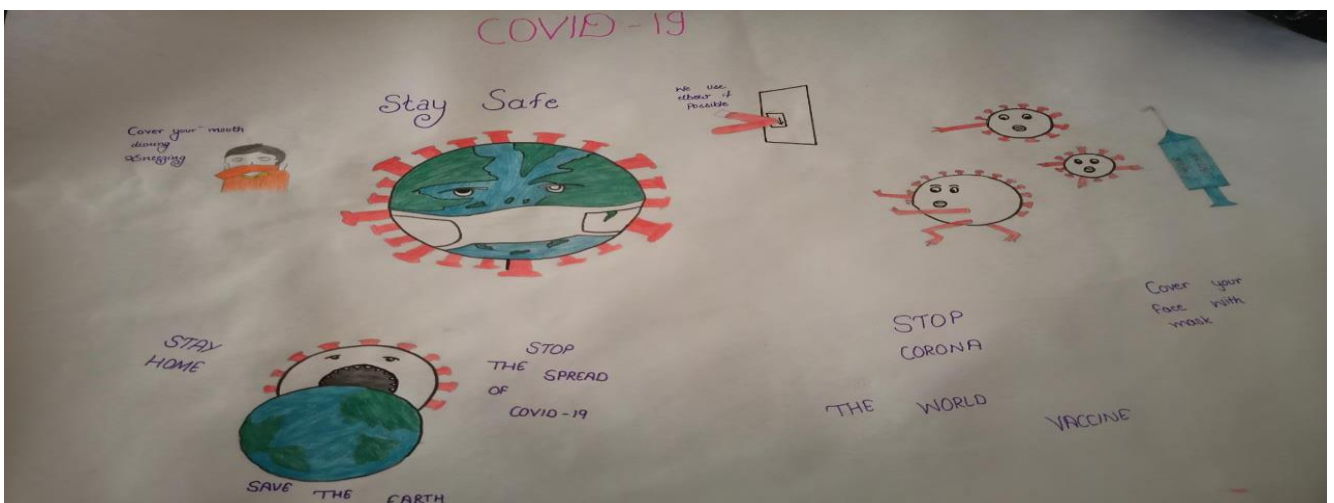




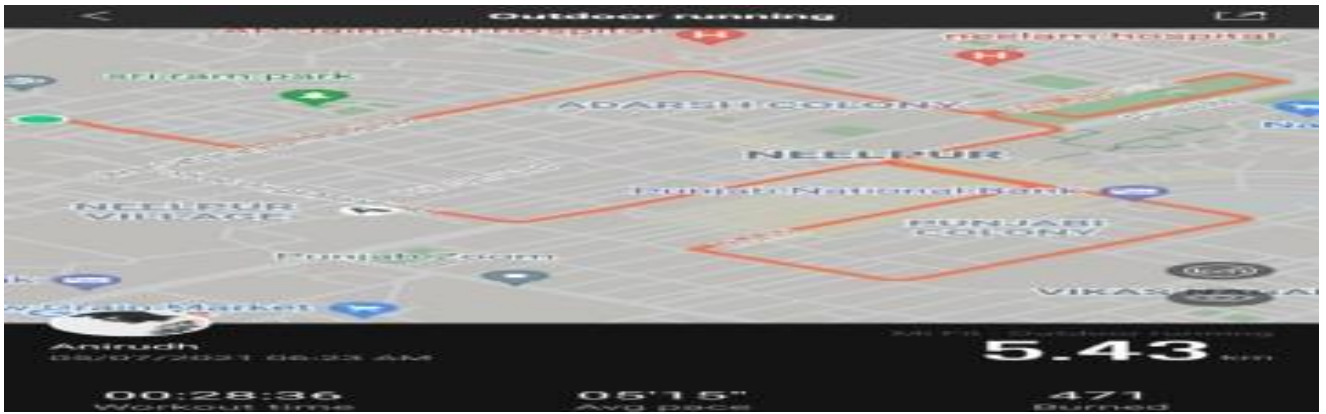
Webinar on to reduce anaemia among women and adolescent girls under “Poshan Pakwada”



Covid-19 vaccination awareness to motivate people aged 45 & above for the vaccination.



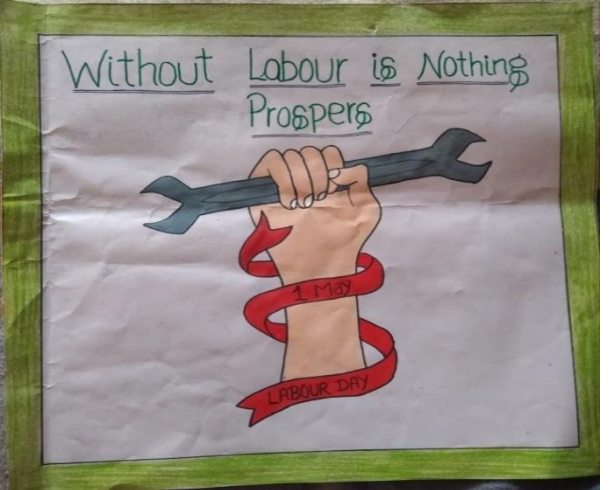
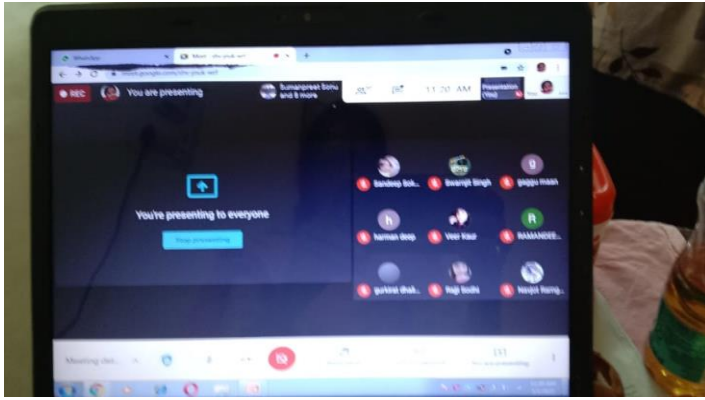
organizing students conducted a campaign to create awareness about Corona Vaccination among neighbors and provide information about the benefits of the same



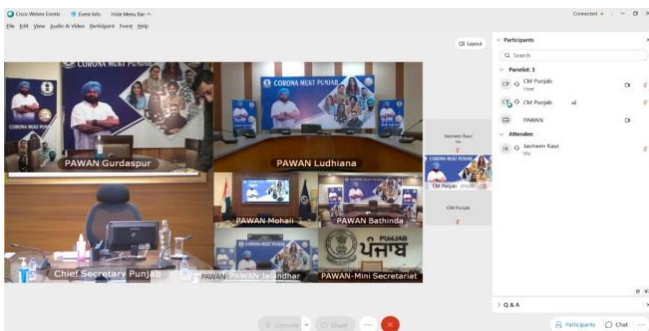
“World Athletics Day”



Organizing food distribution drive in pandemic to poor people by NSS Volunteers



Celebrated WORLD LABOUR DAY through a google meet (due to ongoing covid-19 Restrictions)



Webinar on "Corona Mukat Punjab"



← Forwarded



**World Environment Day:
Tree plantation drive and
Environment Awareness We...**
www.punjabtribune.com

**World Environment Day: Tree
plantation drive and Environment
Awareness Week to mark celebration
at MRSPTU**

<http://www.punjabtribune.com/297763.aspx>

10:54 am

← Forwarded



**ਵਿਸ਼ਵ ਵਾਤਾਵਰਣ ਦਿਵਸ: ਮਹਾਰਾਜਾ
ਰਣਜੀਤ ਸਿੰਘ ਪੰਜਾਬ ਟੈਕਨੀਕਲ
ਯੂਨੀਵਰਸਿਟੀ ਵਿਖੇ ਰੁੱਖ ਲਗਾਉਣ ਅਤੇ ...**
punjabupdate.com

<https://punjabupdate.com/world-environment-day-tree-plantation-drive-and-environment-awareness-week-to-mark-celebration-at-mrsptu-2.html>

10:54 am

“World Environment Day”



“World Environment Day”

WORLD DAY AGAINST CHILD LABOUR



Name - Mani Bansal
Roll no - 180120020



Dhruv Singh
(Civill 2017)



CHILD is meant to
LEARN **Not** **EARN**
Let's put right thing in their hands



“World Day Against Child Labour”







“International Yoga Day”